

Chair Massage

Providing chair massage for your employees and clients is a wonderful way to reward and incent. When planning your event you'll want to consider the following:

You may choose the length of time for your clients or employees to enjoy a massage...

- 20 minutes** A luxurious length of time.
- 15 minutes** Will make a world of difference in a tradeshow-goer's day.
- 10 minutes** A brief, but blissful respite.
- 5 minutes** Quick enough to fit into any schedule.

Based on the time increments above, the table below shows how many people we'll be able to massage in an hour or so...

Individual Massage Time	# of People	Duration*
20 minutes	3	1 hr. 9 min.
15 minutes	4	1 hr. 12 min.
10 minutes	6	1 hr. 18 min.
5 minutes	12	1 hr. 36 min.

*Includes time to sanitize massage chairs in between clients.

For more information or to schedule chair massage for your next event, contact Mind, Body and Balance today at 480.241.3509.

www.mbbmassage.com